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LETTER OF RECOMMENDATION : May 30 2008

It is indeed a pleasure to write a letter to highly recommend an extremely talented and intelligent communicator, Dave Saunders. Dave is extraordinarily qualified to speak about Health and Wellness as his Health was personally challenged almost to the point of death, this encouraged him to learn all that he could about Health, what makes us Healthy, things to avoid, what is proper nutrition, what supplements are available that will benefit us most.

I am a retired Ob-GYN Physician who practiced traditional medicine for 40 + years. Due to a chronic medical condition my wife suffered I discovered the need for a paradigm shift in medicine from a disease diagnosis = DRUGS paradigm to a Wellness, Optimum Health Model. My quest began in May 2008 while still in practice. Dave Saunders would come to Anne Arundel Medical Center in Annapolis and very eloquently explain the need our bodies had for proper nutrition and Optimum Health. May I say to a less than open minded forum of Health Care providers. Dave is equally at home doing a presentation using slides or speaking extemporaneously His grasp of many fields is extraordinary, he is able to craft his presentations to meet the greatest needs of the audience. He is an extremely gifted, talented, intelligent man and is able to communicate care and concern to everyone who may attend his lectures or discussions. I would highly recommend Dave as an excellent communicator and friend and I personally am very thankful that our paths crossed 3 years ago in order that my wife and I would be able to change our dependence on the sickness paradigm to embrace the Optimum Health Model. Sincerely Clifton A McClain III MD