

CLUB24FITNESS

HERE WHEN YOU WANT IT.....HERE WHEN YOU NEED IT.

Club 24 Fitness is open 24 hours a day, 365 days a year.

Club 24 Fitness is convenient, safe, and features the newest cutting-edge equipment in the area.

CARDIO:


- * Pro-3 Treadmills/Adjustable incline and decline
- * Total Body Arc Trainers
- * Upright and Recumbent cycle bikes
- * 576-i fully adjustable cross ramp elliptical
- * Traditional StairMaster PT steppers

STRENGTH:

- Cybox Strength Selecterized Equipment
- * Eagle Adductor / Abductor
 - * Eagle Seated Leg Press
 - * Eagle Back Row

CORE AND FLEXIBILITY:

- * Fully Laminated Hardwood Dance Floor
 - * Core Strength Balance Balls
- * Flexible Thera-Band Training Systems
- * Light Vinyl Coated Low-Impact Dumbbells
- * Ergonomic-Handled Rubber Medicine Balls (4 to 12 pounds)
 - * Precor Ab-X Crunch Machine
 - * Precor Professional Stretch Trainer
 - * Perfect Pushup System
- * Full Array of Exercise and Yoga Mats
 - * Ab Rollers
 - * Adjustable Ankle Weights



TEXT
"CLUB24FITNESS"
TO 39649 TO HEAR
ABOUT SPECIAL
OFFERS AND
HEALTH TIPS!

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